



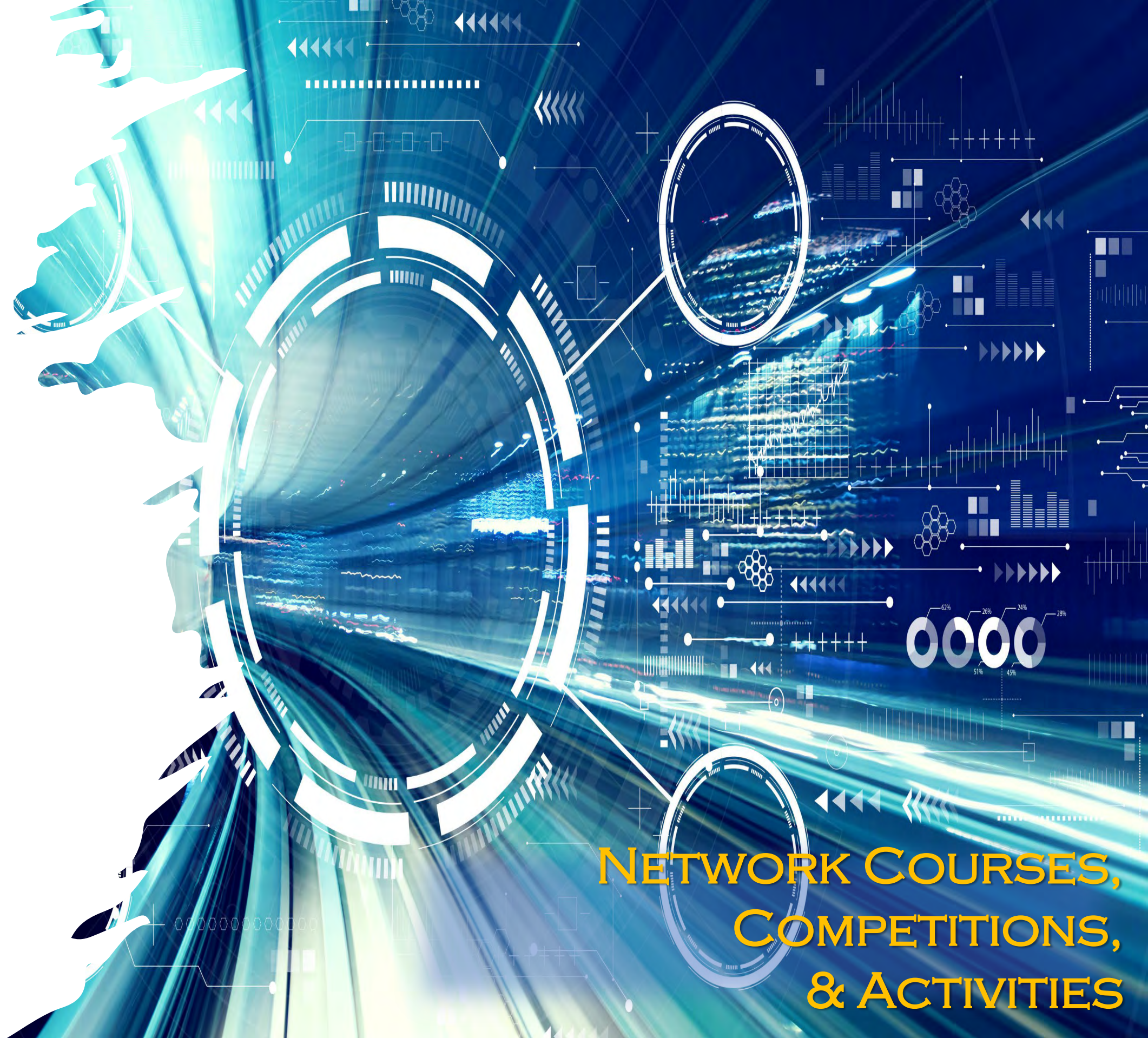
# 2021 NETWORK COURSES

A PATHWAY TO YOUR FUTURE



SCAN or CLICK  
TO REGISTER

<https://tinyurl.com/2021NCRegistrationForm>



**NETWORK COURSES,  
COMPETITIONS,  
& ACTIVITIES**



# Wellness, Fitness, and Personal Development



# Handlin' Yo-self in des Streets (Karate/self-defense)

How do you handle yourself when something unexpected happens? Are you quick to anger? Do you freeze or shut down? Martial arts can help you not only protect yourself, but it can help to ground you in a such a way that you can me a master of your own emotions.

Breathe, Balance, Self-Awareness, Strength, Resilience, & Control; these are just a few of the skills you will learn in this course.

By the end of this course, you will have covered basic karate stance as well as self-defense techniques. At the end of this course, students will be able to perform the basic positions and movements used in Karate and have a good understanding of the applications of those movements.

**Course Offered: 2nd Quarter**

**Classes Meet: Fridays**

**Time: 1:30 – 2:30 pm**

**Office Hour: Fridays 2:35 – 3:35**

**Location: Quantum Martial Arts and Fitness  
800 S. Wells, Chicago, IL 60607**

## **Instructor:**

**Marquinn McDonald** is a martial arts expert and owner and lead instructor of Quantum Martial Arts and Fitness. Marquinn is a certified 5th degree black belt instructor through the American Karate Association. He has studied martial arts for the last 35 years in a variety of disciplines.

## **What you'll learn:**

Mindfulness & the Power of Breath  
Balance & Self Discipline  
Strength  
Coordination

## **What you'll earn:**

**Fitness center membership**  
Martial Arts Certificate of Completion  
YCCS Certificate of Completion

**Host School/Organization:** Youth Connection Charter School

## **Requirements**

Student should be able to do physical activities.  
Parental consent if under 18.



## Natural Health & Healing Justice

Using a variety of methods like diet, hydrotherapy, positive attitude, relaxation, yoga, chiropractic, natural remedies and more, students will explore ways to achieve total health in mind, body, and spirit. Student will create a brain using wig heads and paint and will explore the healing power of aromatherapy for good mind control. By the end of this course, students will have begun taking charge of their own health and healing.

Course Offered: 2<sup>nd</sup> Quarter  
Classes Meet: Mondays & Wednesdays  
Time: 1:00 to 2:00pm  
Friday 10:30 – 11:20am (office Hours)

### Instructor

Margaret Williams (Dr. Sunni) has worked in the field of education for 43 years and continues to study and teach Holistic Health, Brain Education and Life Skills. She has a private practice helping clients through The Nu-Life Wellness Institute Center.

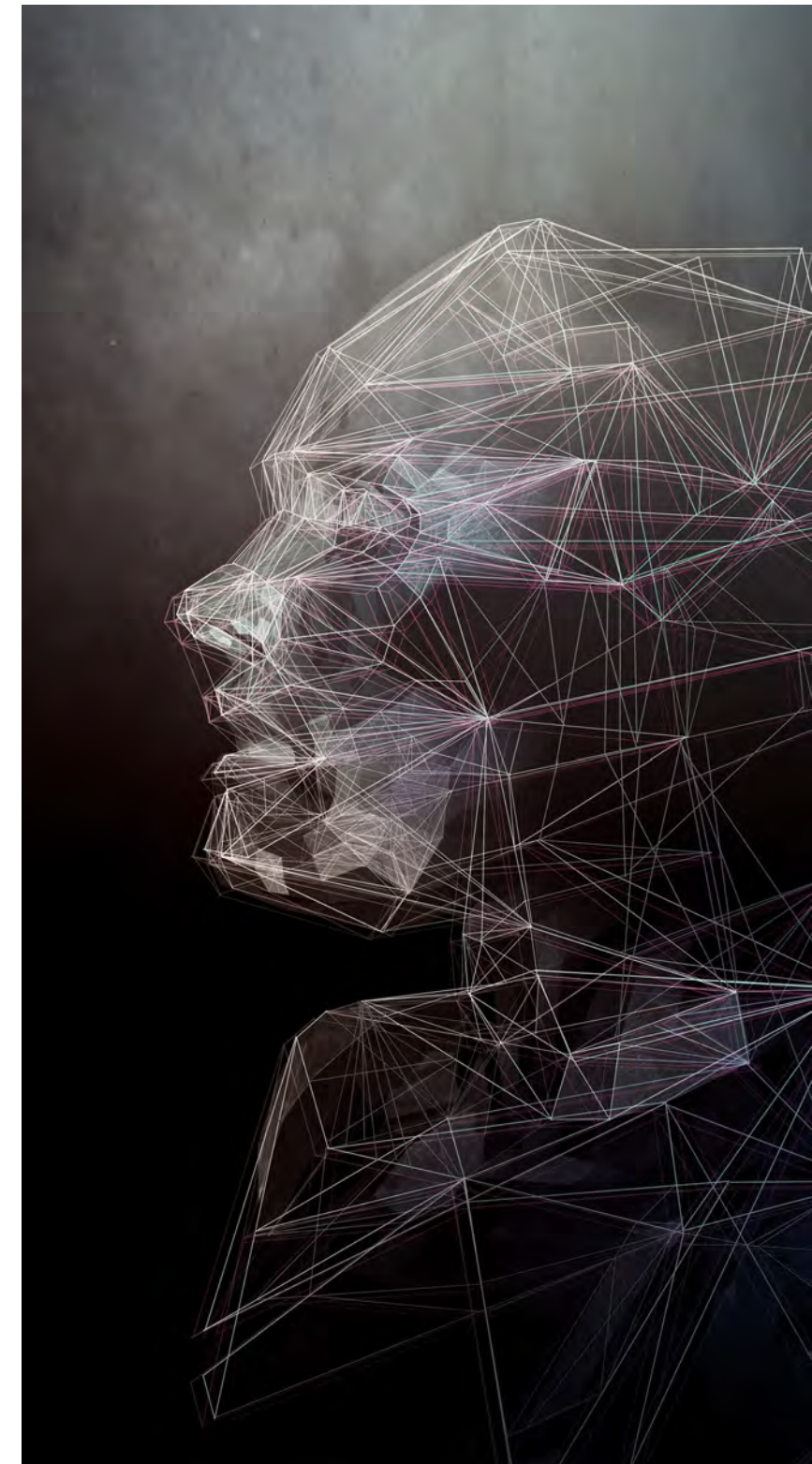
### What you'll learn:

- How to support health and happiness through lifestyle choices that impact the brain.
- How music engages the whole brain
- Aromatherapy and the healing power of scent
- Meditation techniques to enhance brain health.
- The effects of sleep on brain health
- The various stages of health and illness
- Herbal healing, aromatherapy, body therapies, massage techniques, and natural remedies for common emergencies

### Students who take/complete this course:

- Earn a quarter credit in science
- Receive an aromatherapy kit for use at home
- Earn a certificate in Natural Health and Healing and/or a Certificate in Brain Health
- Receive a YCCS Certificate of Completion

**Host School/Organization:** Youth Connection Charter School





# Karate

Experience the excitement and challenge of Martial Arts. You can achieve focus and self-discipline through the practice of mixed martial arts. In this course students will be introduced to the basic skills needed in foundational **Karate**. These skills include basic stances, basic blocks and strikes using both hands and feet. This course also covers self-defense techniques. At the end of this course, students will be able to perform the basic positions and movements used in Karate and have a good understanding of the applications of those movements.

**Course Offered: 2nd Quarter**  
**Classes Meet: Monday & Wednesday**  
**Time: 8:30 -9:30 am**  
**Friday 1:00 – 2:00 pm (office hours)**  
**Location: Virtual**

**Instructors:**

Sensei Marvin Simpson and Sempai Arashi are 3<sup>rd</sup> degree Black belts in the martial arts.

**What you'll learn:**  
Basic movement  
Japanese Terminology  
Strength  
Coordination

**What you'll earn:**

Martial Arts Certificate of Completion  
YCCS Certificate of Completion

**Host School/Organization: ASA**

**S**CIENCE,  
**T**ECHNOLOGY,  
**E**NGINEERING, &  
**M**MATHEMATICS COURSES





# Robotics!

## Build and Program a Robot

You like to tinker? Building with your hands? In this course you will build and program your own small flexible robot. You can program the robot to make a lot of different bio-robotic movements by telling it to do different things. You will also learn coding and critical computational thinking skills needed to succeed in both the 21st century's workforce and in everyday life.

**Course Offered: 2nd Quarter**  
**Classes Meet: Monday & Wednesday**  
**Time: 9:17 – 10:07 am (Session 1)**  
**10:10 – 11:00 am (Session 2)**  
**Tues 11:17 – 12:07am (office hours)**  
**Credits Toward Graduation: Science**

### Instructor

Armani Robertson is a teacher and counselor at Progressive Leadership Academy.

### What you'll learn:

- How to build electronic circuits from scratch
- Programming using the Arduino prototyping platform
- Understanding use of sensors and other components
- How to build an obstacle avoiding robot
- Build electronic devices using LED's motors sensors
- Learn coding skills for tomorrow's jobs

### What you'll receive:

- A quarter elective credit in science
- A home robotics kit
- Qualification for future robotics competitions
- A YCCS Certificate of Completion

**Host School/Organization:** Progressive Leadership Academy







Course Offered: 2<sup>nd</sup> Quarter  
 Classes Meet: Tuesdays and Thursdays  
 Fridays (office Hours)  
 Time: 9:23 – 10:14 am

**Instructor**  
**Debbie Miles** is a computer specialist and business instructor at Aspira Antonio Pantoja.

**What you'll learn:**  
 Foundational computer hardware and software  
 Computer networking skills  
 Key applications, incl. spreadsheets, word processing, and “app culture”

**What you'll receive:**  
 A quarter elective credit  
 An IC3 Digital literacy certification  
 A YCCS Certificate of Completion

**Skills you need now. Credentials for your future.  
 Don't just use technology, succeed with technology.**

Technology has become a part of our everyday lives and understanding how to function in environments that require the use of computers, and the Internet is more critical now than ever before. So, whether you plan to pursue a career in IT, or simply become more effective with technology, *IC3 Digital Literacy Certification* is the place to start.<sup>1</sup>

**Host School/Organization:** Aspira - Pantoja

<sup>1</sup><https://certiport.pearsonvue.com/Certifications/IC3/Digital-Literacy-Certification/Overview.aspx>



# CAREER OPPORTUNITIES

**Pathways Courses to  
Careers, Jobs, & Certifications**



# The Pharmacy Technician Pathway

## Q2 Medical Terminology (Pharm Tech pre-requisite)

The focus of this course is on medical and clinical terminology broadly relating to human anatomy and physiology and the basic body systems with added emphasis placed on those terms pertaining to diagnosis and pathophysiology. The bases of medical terms will be examined – such as prefixes, suffixes, roots, combined forms. Pertinent acronyms and abbreviations will also be included.

**Course Offered:** 2nd Quarter  
**Classes Meet:** Tuesdays & Thursdays,  
Friday (office hours)  
**Time:** 1:00 – 2:00pm  
**Credits Toward Graduation:** Elective/Careers

### Instructor

Karroll Hoffman-Minor has been a Certified Pharmacy Technician and a Professor of Pharmacy Technology at Chicago State University for 18 years. She has worked a Pharmacy Technician at St. Bernard's Hospital and a Retail Pharmacist at Osco Drugs.

**Host School/Organization:** Youth Connection Charter School

### Requirements

**Student should be able to pass a background check & drug screening for internship and/or employment placement.**

## Q3 Pharmacy Tech (Q2 Medical Terminology Required pre-requisite)

In this course, students examine the many job settings and career paths open to them in the pharmaceutical industry. Students will learn about the important laws and regulations that govern pharmacies. They will also hone their communication skills, learn how to handle customers courteously and efficiently. And finally, they will explore the steps they can take to enhance their career prospects for becoming a Certified Pharmacy Technician (CPhT).

**Course Offered:** 3<sup>rd</sup>  
**Classes Meet:** TBD  
**Time:** TBD  
**Credits Toward Graduation:** Elective/Careers

# Hospitality and Service Industry Pathway

Students will receive 10 class hours of food service sanitation training; 5 class hours of alcohol awareness training, and 20 class hours of personal development training that includes resume development, employment interview strategies and tips for sustainability and promotion. After completing coursework students, students will be scheduled to take the national examinations for their certifications.

**Course Offered: 2nd Quarter**

**Classes Meet: Mondays, Wednesdays, and Thursdays (Office Hours)**

**Time: 1:00 to 2:00**

**Credits Toward Graduation: Elective**

## Instructor

**Dr. Brian J. Hill** is the CEO of Hill Food Service Consulting, President of the Hospitality Scholars Foundation, founder of the Africentals Corporation, creator of Chicago Food Sanitation Dot.com and professor of Hospitality Management at Saint Xavier University Hospitality and Business Management School Uniform Services.

## What you'll learn:

- How to work in the hospitality industry by studying the different kinds of jobs and responsibilities available
- How to develop a professional resume for this industry
- How to get a job and advance in this industry

## Students who take/complete this course:

- Will receive an elective credit
- Can earn a National Restaurant Association ServSafe Food Safety Certification
- Can earn a City of Chicago Department of Public Health Food Safety Managers License
- Can earn an Illinois Liquor Control Commission Basset Safe Alcohol Service License
- Will have a Professional Resume.
- Will receive professional employment assistance
- Receive a YCCS Certificate of Completion

**Host School/Organization:** Youth Connection Charter School



# Meditation & Mindfulness

A Health Services Pathway

The course guides students through a series of self-reflective work, meditation, breathwork, yoga, and self-care lessons. Students can use this time as a safe space for open conversation. This course will help students identify the current issues that affect them personally, as well as their communities; and what they can do to help ease the emotional impact of these issues while still being a part of the necessary change.

**Course Offered: 2nd Quarter**  
**Classes Meet: Tuesdays, Thursdays,**  
**Fridays 3:30 – 4:30 (office hours)**  
**Time: 12:30 -1:25**  
**Credits Toward Graduation: Elective**

## Instructor

Elizabeth Levenda is a Biological Science and Botany Teacher at YCCS-Dr. Pedro Albizu Campos Puerto Rican High School. She has an extensive background in the natural practices of medicine such as Meditation, Homeopathy, and Yoga. She is skilled at helping students develop self-awareness, self-care and self actualization.

## What you'll learn:

- Discover your own strengths and abilities
- New techniques to handle stress, challenging emotions/situations
- How to practice self care, self love and appreciation
- New yoga techniques
- New ways to adapt to our virtual learning environment in order to be more productive

## What you'll earn:

- A quarter elective credit in science
- A meditation and mindfulness kit for use at home
- An industry certification in Meditation
- A YCCS Certificate of Completion

**Host School/Organization: Pedro Albizu Campos High School**



# Beauty Culture ~ Nails & Lashes

A Pathway to Esthetician Licensure

Take a deep dive into beauty culture and the beauty industry through this course on nails and lashes. Build real industry skills you can put to immediate use. Through self-paced projects and hands-on exercises, you will learn core lash and nail terminology, product knowledge, and safety practices,. This course will also teach you the skills you need to be an entrepreneur in a highly profitable business.

Student will learn core lash and nail terminology and how to use the skills taught in this course to start a business or make money from home. Students will perform an exhibition of their skills on their classmates.

**Course Offered: 2nd Quarter**

**Classes Meet: Monday & Wednesday**

**Tuesday (11:17-12:07 office hours)**

**Time: 9:17 – 10:07 am (Session 1)**

**10:10 – 11:00 am (Session 2)**

**Credits Toward Graduation: Elective**

## Instructor

Ms. Shawneka Tillman is the owner of Ambitious Nails and Lips Bar, a highly rated nail service and beauty care salon in Chicago and a teacher at YCCS-Progressive Leadership Academy. She trains students in nail, eyebrow and lash service, as well as waxing and facials. She helps students understand the challenges and benefits of being an entrepreneur.

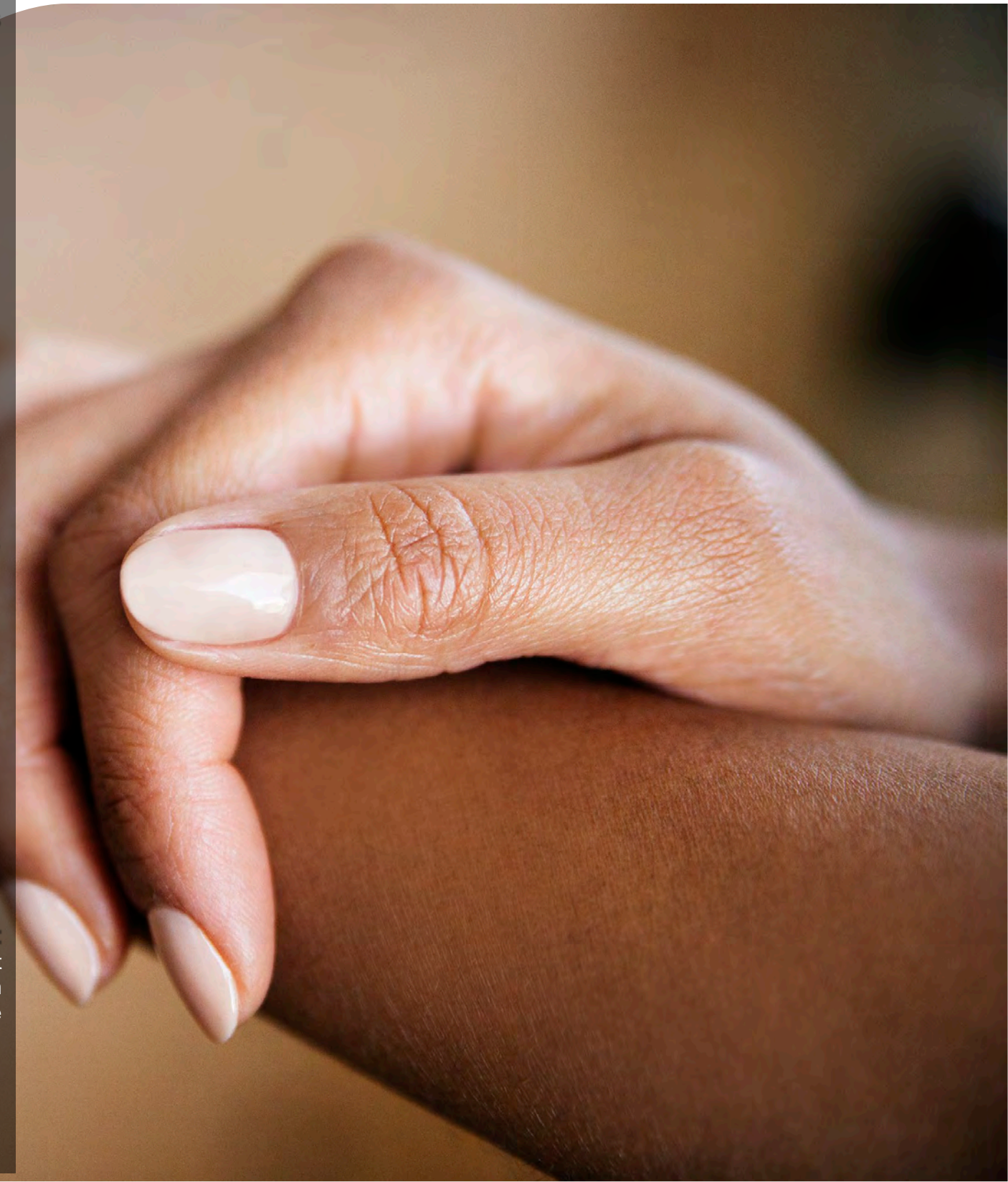
## What you'll learn:

Nail, eyebrow, and lash techniques  
Industry safety standards  
Industry related financial Literacy & planning

## What you'll earn:

A quarter elective credit  
A YCCS Certificate of Completion  
Skills toward completion of an esthetician licensure

**Host School/Organization:** Progressive Leadership Academy



# Cannabis 101

This Bud tender prerequisite program is designed to instruct dispensary staff on how to understand consumer tolerance, the different cannabis products, and provide great customer service.

In this 10-week course you will get an inside look, into the most popular and sought-after position in a medical marijuana dispensary, the “Bud Tender.” Go inside some of the leading medical marijuana dispensaries and see first-hand what managers are looking for in a Budtender. Gain all the knowledge you will need to land this exciting position. Become a bud tender and help patients receive the information and medication that they need.

**Course Offered: 2nd Quarter**  
**Classes Meet: Mondays & Wednesdays,**  
**Fridays (Office Hours)**  
**Time: 1:00 to 2:00 pm**

## Instructor

Todd Patterson began working in education as a teacher aide at Evanston Township High School. He worked with the English and Special Education Departments and was the lead for their Read 180 program with freshman students. I left education to work in the entertainment industry and have been working in the cannabis business for the last 18 months as a store manager for a local dispensary.

## What you'll learn:

- How to become a budtender
- Compliance law
- Adult use law
- Licensure regulations and application requirements
- Safety Compliance laws

## What you'll earn:

A quarter elective credit  
Entry level knowledge to prepare you for entry level licensure  
A YCCS Certificate of Completion

**Host School/Organization:** Youth Connection Charter School





# **POST-SECONDARY COLLEGE READINESS COURSES**



# Ready, Set, Go! for College English

Planning to go to college? You want to be in a dual credit course and earn credit towards college?  
Anxious about entrance exams?

“Remember proper preparation prevents poor performance”. So let us help you help yourself. This course not only prepares students for the reading and writing exams required for admissions but gives students the confidence to attack any type of text.

Course Offered: 2nd Quarter  
Classes Meet: Tuesdays & Thursdays, Wednesday (Office Hours)  
Time: 12:00 pm to 1:00 pm  
Credits Toward Graduation: English

## Instructor

Dr. Michael James holds a Ph.D. (Administration & Supervision) from Loyola University Chicago and is an accomplished orator. He is an accomplished author and currently works as a special education instructor for Youth Connection Charter School.

## What you'll learn:

- SAT/ACT vocabulary incorporation
- Speech writing and delivery
- Research writing on current social issues
- Test taking strategies

## What you'll earn:

- Earn a quarter credit in English
- Receive a YCCS Certificate of Completion

**Host School/Organization:** Youth Connection Charter School



# LEVEL UP

## A Dual Credit & Enrollment Pathway

You want to get started with dual credit or dual enrollment, but the idea makes you a little nervous? You want to be ready for college English, but you aren't sure if you are? Next Level Test Prep Program is designed as a tool to help better prepare surrounding greater south side high school Freshman and Sophomore students for college readiness/eligibility to take dual credit/dual enrollment courses. The course is an intensive English preparation class as they are the gateway to taking a host of City College courses.

**Course Offered: 2nd Quarter**

**Classes Meet: Tuesdays & Thursday**

**Time: 12:00 pm to 1:00 pm**

**Office Hours: Wednesdays 1:00 to 2:00pm**

**Credits Toward Graduation: English**

### Instructor

Prof. Patricia Gaines is a graduate of Governors State University and holds a Master of Arts in Communication Studies degree. Presently, she is an adult educator at Richard J. Daley College, as well as an ESL Instructor for South Suburban Community College. Her curriculum is centered on an academic based model to prepare students for future college related courses.

### What you'll learn:

Motivation and confidence to take the CCC Read-to-Write Placement Exam  
Improvement of critical reading skills.  
Improvement of academic writing skills

### What you'll earn:

A quarter credit in English  
A YCCS Certificate of Completion

**Host School/Organization: Olive Harvey Middle College**

**BEYOND**

**OWN**

**BOSS**

# What's Next After Graduation?

The course will challenge students to explore, develop, and take steps towards creating a post-secondary plan. Students will complete a High School and Beyond plan by engaging in collaborative projects focused on solving real world problems, research careers, written case studies, presentation/speaking activities, and develop a personal portfolio. Students will participate in virtual post-secondary field trips and interact with guest speakers from various career paths. To complete the course outcomes, students will utilize tools such as Everfi, and Road Trip Nation.

## Instructor

Ms. Darnetta Prater is a science teacher with over 10 years of experience teaching high school science. Ms. Prater has a Masters in Science and taught Science at the Youth Connection Leadership Academy.

**Course Offered:** 2nd Quarter

**Classes Meet:** Wed & Fridays

**Time:** 2:30 pm to 3:30 pm

**Credits Toward Graduation:** Elective

## What You'll Learn

- To gain self awareness of your interest, personality, life goals, and values.
- To research and understand post-secondary pathway options.
- To research and match potential career options.
- To make effective decisions, set goals, and plan for the future.
- To demonstrate critical thinking and reasoning skills.
- To demonstrate effective oral, written, and presentation skills.
- To understand personal finance and the cost of college.

## What you'll earn:

A quarter credit in an elective

A YCCS Certificate of Completion

# YCCS NETWORK COMPETITIONS **ARTIVIZM**

ENTER BY  
JAN 10, 2022

YOUTH CONNECTION CHARTER SCHOOL



2021 entrant, Henry-OHMC Student-Painting his prized mural, "Beautiful Lady".

**1ST PRIZE \$1K**  
**2ND PRIZE \$500**  
**3RD PRIZE \$250**

ENTER TO WIN!

ASK YOUR ADVISOR FOR MORE INFO TODAY!

YCCS.US | #YCCSCOMPETITIONS | 312-532-2179

WHAT'S  
YOUR STORY

DIRECTOR :

CAMERA :

DATE :

Day Nite Int Ext Mos

ETTA JAMES

Etta James was inducted in the rock and roll hall of fame in 1993. Rolling Stone magazine ranked Etta James number 22 on the 100 Greatest Singers of All Time List. List also ranked number 62 on 100 Greatest Artist of All Time list

**The Inspiration of Music**

LIL DURK HIT 8 SONGS ON THE BILLBOARD HOT 100 AND HAS MORE ENTRIES THAN ANY OTHER ARTIST IN 2021